

# Gus Anderson, PTA

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## Professional Summary

Compassionate and dedicated Physical Therapist Assistant (License #54585) with strong foundations in both SNF and outpatient orthopedic settings. Known for building authentic, positive relationships with patients and delivering high-quality, individualized care with patience and empathy. Backed by a B.S. in Kinesiology and over 5 years of combined experience in patient care, therapy support, and healthcare collaboration. Skilled at guiding patients through therapeutic interventions, promoting functional mobility, and documenting skilled care to support progress and outcomes.

## Education

AAS, Physical Therapist Assistant, Institute of Technology (2025) *Salutatorian Honor*

BS, Kinesiology – Exercise Science, Fresno State University (2020) – GPA 3.89

AA, Natural Sciences, Modesto Junior College (2018)

AAS, Kinesiology, Modesto Junior College (2018)

## Clinical Experience

### ***Westgate Gardens SNF***

Fresno, CA | May 2025 – Jul 2025 (8-weeks)

- Delivered skilled interventions (therapeutic exercise, gait training, neuromuscular re-ed, balance, and functional mobility) for patients with orthopedic, neurological, and cardiopulmonary conditions.
- Monitored patient safety by recognizing red flags, responding to medical changes, and collaborating with nursing during emergencies.
- Managed assistive devices, prosthetics, transfers, and vital monitoring to ensure safe mobility.
- Educated patients and caregivers on mobility, fall prevention, and home safety to improve carryover beyond the clinic.
- Collaborated with an interdisciplinary team to coordinate care and discharge planning while documenting interventions in EMR with skilled justification.

### ***Synergy Aquatic Therapy***

Fresno, CA | Sept 2025 – Nov 2025 (8-weeks)

- Delivered skilled outpatient orthopedic interventions with a strong emphasis on manual therapy, including soft tissue mobilization, joint mobilizations, stretching techniques, and movement re-education to address pain, mobility restrictions, and functional deficits.
- Designed and progressed individualized therapeutic exercise programs targeting strength, ROM, neuromuscular control, and functional movement patterns for patients with orthopedic and post-surgical conditions.
- Provided aquatic physical therapy in a therapeutic pool environment, utilizing buoyancy and resistance principles to reduce joint loading, improve gait mechanics, enhance mobility, and facilitate early movement for patients limited by pain or weight-bearing restrictions.
- Performed gait training, balance activities, and functional task training in both land-based and aquatic settings to improve safety, independence, and carryover to daily activities.

- Educated patients on posture, body mechanics, home exercise programs, and self-management strategies to promote long-term outcomes beyond the clinic.
- Documented skilled interventions, patient response, and progression in EMR while collaborating with supervising PTs to align treatment with evaluation findings and plan of care.

## Professional Experience

### ***Physical Therapy Aide – Sports & Orthopedic Physical Therapy***

Fresno, CA | May 2020 – Oct 2021

- Assisted PTs with patient care, including ROM, strengthening, and functional mobility interventions.
- Prepared and maintained treatment areas, therapy tools, and exercise equipment.
- Supported patient scheduling, intake, and documentation in a fast-paced outpatient clinic.
- Developed strong communication skills while supporting a diverse patient population.

### ***Home Healthcare Aide – Everlight Care***

Fresno, CA | Nov 2021 – Jun 2022

- Provided care for patients with Alzheimer's, dementia, and post-operative recovery needs.
- Offered companionship and patient support, ensuring dignity, safety, and comfort.
- Collaborated with hospice providers to ensure comprehensive, compassionate care.

### ***Owner – WebsiteJug, Website Design Business***

Fresno, CA | Jun 2022 – Jun 2024

- Built and managed websites for small businesses using WordPress and Shopify.
- Strengthened project management, client communication, and organizational skills.

## Core Skills

- Clinical Skills: Gait Training, Therapeutic Exercise, Therapeutic Activities, Neuromuscular Re-education, Manual Therapy Techniques, Functional Mobility, Modalities, Patient/Caregiver Education, Documentation (NetHealth/Optima EMR).
- Professional Strengths: Patient rapport & trust-building, High patience and empathy, Clear communicator, Team collaboration, Safety awareness, Evidence-based practice.
- Additional Skills: Strong computer literacy, Adaptability to new clinical tools and protocols, Organizational leadership.

### **Certifications & Affiliations**

- CPR/BLS Certified (American Heart Association)
- APTA Member
- FSBPT PTA License #54585